

## **THEOLOGY OF THE BODY FOR COUPLES**

### **WHAT'S IN IT FOR ME WHY SHOULD I TAKE THIS PROGRAM**

- Apply Christian teaching to making family decisions
- Enrich family life by being more Christ Centred
- Develop solutions to problems such as dealing with children, sex, prayer

### **LEARNING OUTCOMES THEOLOGY OF THE BODY FOR COUPLES**

Competency 1 Define Theology of the Body for couples

Competency 2 Apply the theology of the body to being a friend with your spouse

Competency 3 Apply the theology of the body to physical intimacy including sex, contraception, dignity and respect for self and your spouse

Competency 4 Use the IN TO ME SEE Cards to get to know your partner better

Competency 5 Use the WHO AM I and WHO ARE WE instruments to develop a strategy of meeting each others needs

Competency 6 Apply the Theology of the body to resolve issues with children, parents and other extended family

Competency 7 Apply the theology of the body to resolve issues with employment and school

Competency 8 Apply the theology of the body to resolve death and illness situations