

## TALK WITH YOUR TEEN

### WHAT'S IN IT FOR ME WHY SHOULD I TAKE THIS PROGRAM

- Learn where your teen is coming from
- Understand each other
- Describe how you can challenge your teen yet still talk with each other
- Learn the role that friends have on influencing your teen
- Identify your teens challenges
- Learn how to show your teen respect without giving up your authority as a parent

#### LEARNING OUTCOMES Talk to your Teen

Competency 1 Complete the instrument and learn the definitions of learning style, personality, motivations, needs, love languages and languages of forgiveness.

Competency 2 Describe the challenges in talking with a teen and vice versa

Competency 3 Identify the challenges your teen is facing

Competency 4 Identify your teens needs, have your teen identify your needs in your relationship.

Competency 5 Describe how to work with your teen to face the world together