

COUNSELLING FROM A CHRISTIAN PERSPECTIVE

All people are important. Counselling to be affective needs to consider the person's context; their culture, religion, beliefs and other parts of their physical, emotional and spiritual environment. Christians believe in God and that He is powerful and merciful. Using these aspects of one's beliefs can greatly enhance counselling. Research indicates that faith based healing is real for people with faith. In the 12 steps addiction recovery model, belief in a higher power to help with healing is critical for recovery.

MARTHA7, when requested, will use faith as part of the therapeutic process. We will also respect the clients wishes if they choose not to go down this road in counselling sessions.