

THE PURPOSE OF LIFE FOR THE ELDERLY AND HANDICAPPED

WHAT'S IN IT FOR ME WHY SHOULD I TAKE THIS PROGRAM

- Look forward to tomorrow
- Knowing how and why you are valuable
- Dealing with pain
- Find your unique contribution to the world in your current life situation

LEARNING OUTCOMES The purpose of life for Elderly and Handicapped

Competency 1 Define personal purpose in life

Competency 2 Identify what the advantages of having a known purpose in life

Competency 3 Describe how to identify your purpose in life

Competency 4 Using Maslow's hierarchy of needs describe where you are in life's journey and how your purpose in life might change over time

Competency 5 Remove barriers to achieving your purpose in life

Competency 6 Describe how to maintain motivation in pursuing your purpose in life

Competency 7 Describe how your purpose in life is different than what it was years ago